

UPPER DARBY SCHOOL DISTRICT
Opportunity · Unity · Excellence

October 2026

Grades K-12

Free Breakfast Menu

Each Breakfast is Served with Apple Juice and Apple Slices

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.

MON	TUES	WED	THURS	FRI
			1 -Bagel w/ cream cheese -Cereal	2 -Waffles & Turkey Sausage -Cereal
5 -Fudge Pop Tart -Cereal	6 -Donuts -Cereal	7 -Cinni Minis -Cereal	8 -Cinnamon Bagel w/ cream cheese -Cereal	9 -Croissant, Egg & Cheese Sandwich -Cereal
12 	13 -Strawberry Pop Tart -Cereal	14 -Mini Pancakes -Cereal	15 -Bagel w/ cream cheese -Cereal	16 -French Toast Sticks -Cereal
19 -Trix Muffin -Cereal	20 -French Toast Benefit Bar -Cereal	21 -Grape Filled Crescent -Cereal	22 -Cinnamon Bagel w/ cream cheese -Cereal	23 -Warm Cinnamon Bun -Cereal
26 -Blueberry Muffin -Cereal	27 -Banana Bread -Cereal	28 -Pancake Puffs -Cereal	29 -Bagel w/ cream cheese -Cereal	31 -Croissant, Egg & Cheese Sandwich -Cereal

Menus are subject to change.



Breakfast is Free for All Students

aramark STUDENT NUTRITION

This institution is an equal opportunity provider.